



# The Herald

Volume 1 Issue 2

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## Chronicler's Corner

Well, it appears Spring has finally sprung...actually it's sprung several times this past month, with a day or two of winter mixed in...but with the warmer weather comes outdoor activities and the best season of all for the new medieval living historian...yard sale season! Lots of outdoor events coming up as well so make sure you're well prepared for the fun and then come home and write a story of your exploits for the rest of us to read in the Herald. Happy and safe eventing folks!



## SCA On A Budget

Ah Spring! The sun is shining, the birds are singing and folks are out on street corners tacking up signs for yard sales!

Yard sales are the new SCAdian's friend. There are all sorts of treasures to be found that are useful to the medieval living historian on a budget.

Need feast gear? Look for wooden or metal bowls and plates, tankards, and chalices. You can also usually find napkins, tablecloths, silverware, candle sticks, candles and more. And don't forget the basket to put them in!

Want to go to that weekend event? Yard sales are often a good source for used camping gear. Look for tables, chairs, tents, day shades and lanterns. You might even find a wagon to tote things around the campground.

Need garb? Look for fabric, sewing supplies, yarn, and trims at your local yard sales.

Don't forget crafting supplies as well.

One of the great thing about yard sales is that you never know what you will find!

Some of Juliana's best finds over the years have included:

- ◆ Bowls, plates and silverware
- ◆ Tablecloths and napkins
- ◆ Candle holders
- ◆ Fabric (best buy was three 33 gallon garbage bags full at a dollar a bag!)
- ◆ Wooden directors chairs
- ◆ Reproduction of a medieval manuscript, King Renee's Book of Love for 50 cents!



#### DISCLAIMER:

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#### PUBLICATION:

The Herald is published online every month. It is available on the shire website at [www.angelskeep.net](http://www.angelskeep.net). Paper copies are available for those without internet access. Please contact the chronicler with an address to have a paper copy mailed to you.

#### SUBMISSIONS:

Any gentle wishing to submit articles, artwork, poetry, etc., to the Herald are invited to do so. The Chronicler reserves the right to edit, refuse, or reprint any submissions. The submission deadline for the Full Tilt is the last Tuesday of the month prior to the month of publication.

#### CORRECTIONS:

If there are any corrections or changes on articles that need to be made, please contact the Chronicler via our website at [www.angelskeep.net](http://www.angelskeep.net).

- ◆ Two inkle looms, one table top and one floor loom ...both for \$20!

As you can see, there are some really neat things to be found out there, even if you're on a budget or are a starving college student. So while the weather is warm, get out there and go on a treasure hunt of your own!



### Important...Tick Alert!

The onset of warm weather sees more of us enjoying outdoor activities and day and overnight events, and with that comes the risk of being bitten by insects. Medieval garb, especially for the ladies, with bare legs and long skirts are prime hunting grounds for the pesky critters.

A warning recently came across my desk in my mundane job was regarding ticks. With the mild winter the tick population has exploded and already this season reported tick bites are at an all time high.

Tick bites can give you Lyme disease, and believe me folks, Lyme disease is NOT fun...I know, I've got it. And it's one of those things that keep on giving...the spirochete stays in your bloodstream and goes into remission. Once you get Lyme disease you have to keep aware of the warning signs because symptoms can reoccur years later and mimic some really interesting things, like heart disease, arthritis and other really fun medical problems.

**WHAT TO DO IF YOU'RE BITTEN:** Ticks are small...the one that got me looked like a freckle when it was embedded in my hand and I almost missed it. **Do tick checks!**

If you find one embedded in your skin, don't try to smother it with petroleum jelly or to burn it. Use a pair of tweezers, grasp it as near to the head as possible and pull **gently** outward. You don't want to leave the head embedded or crush the tick...that releases the spirochete. Save the tick in a pill bottle or sealed baggie to show the doctor...and **go to the doctor** within a couple weeks of being bitten, especially if you develop the tell-tale bulls eye rash, but go even if you don't. **Not everyone gets the bulls eye rash...**I didn't.

Please treat this as the serious issue that it is. Left untreated Lyme disease can cause some major problems. It can also cause permanent damage to your heart and other organs, memory loss and a host of other nasties. I've had two friends who have suffered severe permanent memory loss and had to be hospitalized for IV antibiotic treatments from tick bites. And it could have been prevented by a blood test and a 30 day course of oral antibiotics.



## Credits

Cover and interior clip art  
courtesy of Dover Books

Articles pg 2 - 3  
Lady Juliana Stafford



## The Herald Wants YOU!

Please keep in mind that  
this is -YOUR- newsletter  
and can only exist if -YOU-  
contribute to it.

All members are encour-  
aged to write articles and  
submit artwork for publica-  
tion.

Some ideas for articles:

- ◆ Share your research on a particular topic
- ◆ Write a review of a book you've recently read
- ◆ Write an article about an event you recently attended
- ◆ Submit pictures taken at recent events (don't forget to get signed model releases if necessary).
- ◆ Use your imagination...just about anything goes!

**TO AVOID BEING BITTEN:** Don't go bare legged, wear light colored pants tucked into your socks (Cross gartered trewes are a good thing!) or at least knee high socks under skirts and closed shoes instead of sandals in grassy or brush covered fields. Use an insect repellent such as deep woods Off on exposed skin. Avoid brushing against low hanging branches and shrubs.



## Upcoming Events

### May - 2012

17 - 20 Aethelmearc War Practice  
Canton of Steltonwald (Slippery Rock PA)  
25 - 27 Thescore Baronial Championships  
Barony of Thescore (Bergen, New York)  
26 Queen's Rapier Championship and BMDL Baronial Birthday Barony-Marche of Debatable Lands (Franklin Park, PA)

### June - 2012

1 - 3 Melee Madness  
Barony of Endless Hills (Dalton Pa)  
2 Brass Ring Thing XII  
Canton of Beau Fleuve (North Tonawanda, NY)  
2 Liars, Braggarts & Theives  
Canton of Westland Mor (Greensburg, PA )  
8 - 10 Central Aethelmearc War Practice  
Shire of Abhainn Ciach Ghlais (Mifflinburg PA)  
9 Roman Holiday (working title)  
Canton of Steltonwald (Beaver Falls, PA)  
15 - 17 Myrkfaelinn Summer War Practice  
Dominion of Myrkfaelinn (Trumansburg, NY)  
16 Aethelmearc Aecademy  
Shire of Misty Highlands (Salem, WV )  
16 Rhydderich Hael Baronial Champs  
Barony of Rhydderich Hael (Akron)  
21 - 24 Known World Music and Dance Symposium 9  
Kingdom of the Middle (columbus, oh )  
22 - 23 Celtic Fire Festival  
Shire of Hartstone (Campbell, NY)  
22 - 24 Known World Heralds and Scribes Symposium  
Kingdom of the East (Warwick, RI )  
23 - 24 Forty Fort Founders day  
Barony of Endless Hills (Forty Fort , pa)  
30 Stormsport Army Muster and Equestrian Event  
Shire of Stormsport (Albion, PA)  
30 Tournament of the Windmill  
Barony of Delftwood (Cleveland, NY)  
30 - Jul 1 Ithaca Scottish Games and Celtic Festival Demo  
Dominion of Myrkfaelinn (Ithaca, Ny)



## Meetings and Practices

Meetings are held on the 1st, 3rd and 5th Sunday of every month at the Auburn Unitarian Church, 607 N Seward Ave, Auburn, NY from 3-6pm.

**May 20 A&S** Cleanliness & Hygiene in the Middle Ages



**May 30**

No meeting as most of the Shire will be attending War of the Roses in the East Kingdom.



**June 3 Business Meeting** and Cordial Making



**June 17 A&S** Dance



**July 1 Business Meeting**



**July 15 A&S** Kumihimo



**July 29 Pennsic Pity Party**  
Bring a dish and a project.



**Rapier Practice is held every Monday from 630-9pm** at Auburn High School, 250 Lake Road in Auburn, NY in the vestibule in front of the main gym (the SAC). **Beginning June 4th practice will be held in Emerson Park**, Rt 38A, Auburn, NY in front of the Merry Go Round Theater. There is a \$1 parking fee per vehicle.



See our website [www.angelskeep.net](http://www.angelskeep.net) or contact any officer for directions.

## Meeting Notes

### Business Meeting May 6, 2012

**Seneschale:** There is still a Shire. We purchased 6 wooden platters at Crown Tourney for Shire feast supplies. Coronation bid was lost in the ether and resubmitted. There was a request for pictures of the sanctuary at the church in the bid. Two bids have gone in for Fall Academy...our and one other.

**Rapier Marshal:** Fencing happens. Looking into new furniture for some of the light loaner blades to accommodate new heavy Kingdom standards. Henryk inquired to the condition of the list ropes, and offered to help with a discount for supplies if more or repairs are needed.

**Hospitaller:** Contacted Anne to let her now that we will NOT be at the County Fair this year. Question was brought up as to whether or not Shire wanted to participate in local parades this year.

**Exchequer:** The Keep has a balance of \$672.34. All the paperwork is settled and the check from Delftwood for start up money has been deposited. Will be ordering plain checks. Will be checking into getting set up for internet payments for events.

**MOAS:** See upcoming meeting section for schedule.

**Web Minister:** Oda delivered updated website on a thumb drive to be posted. Juliana will post it as soon as the semester is completed. Any updates should go to Oda.

**Chronicler:** Newsletter will be out shortly. Please send stuff to print!

**Herald:** Working on a badge for the Shire and possibly ones for a Brewers Guild and a Merchant's Guild.

**Chiurgeon:** Coordinating with Fenris to purchase new 1st Aid Kit for the Shire.

**Children's Officer:** Reported if we get the bid for Coronation, Lady Sultana will coordinate activities for the children.

### New Business:

1. It was agreed that Fenris see what is necessary to set up for online event payments.

2. Moniczka brought up the idea of a bulk order of shire blue linen for those who wished to participate for the purpose of making garb in the shires heraldic colors.



From:  
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